



# Florida SADD

Chapter Activity Guide  
May 2016

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## Month at a Glance

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- ◆ Children's Mental Health Awareness Day (5/5/16)
- ◆ National Police Week (5/15-21/16)
- ◆ Click It or Ticket (5/16-6/5)
- ◆ World "No Tobacco" Day (5/31/16)

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## GYTSM

Car crashes are the number one killer of teens in the United States and a leading cause of death in countries around the world. Youth-led campaigns like **Global Youth Traffic Safety**

**Month** (GYTSM) promote safe teen driving through a peer-to-peer model.

**Website:** [GYTSM](http://GYTSM)

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## Bike Month

May is National Bike Month, sponsored by the League of American Bicyclists and celebrated in communities from coast to coast. Established in 1956, National Bike Month is a chance to showcase the many benefits of bicycling — and encourage more

folks to give biking a try.

One of the most popular activities in Bike Month is encouraging people to bicycle to school or work and forsake their motor vehicles for just one day. Bicycling is fun, healthy, safe, convenient, and by riding you are setting a great example to others. So above all have a great time riding!

### Websites:

- [National Bike Month homepage](#)
  - [Pedestrian and Bicycle Information Center](#)
  - [Florida Bicycle Association](#)
  - [Florida Bicycle Helmet Law](#)
  - [Bicycle and Skating Safety](#)
  - [NHTSA Roll Model](#)
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## Motorcycle Safety Awareness Month

Each year, May is designated Motorcycle Safety Awareness Month. States and motorcycle organizations across the country conduct a variety of activities to promote the importance of motorist awareness and sharing the road with motorcyclists.

### Websites:

- [NHTSA Motorcycle Safety](#)
- [Traffic Safety Marketing materials](#)

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## Keep Kids Alive Drive 25

**May 1, 2016** The mission of KEEP KIDS ALIVE DRIVE 25® is to change the way we drive on neighborhood streets, and beyond. Their goal is to put an end to deaths and injuries caused by speeding and distracted driving on our nation's roads. They do so by educating and actively engaging citizens in a common commitment to create safer streets for the benefit of all, beginning right in our own neighborhood. No one wants to be behind the wheel and hit someone. Since speeders are three times more likely to be in a crash (AAA) and account for 33% of motor vehicle deaths, observing the speed limit is a great way to significantly reduce crashes, injuries, and deaths.

**Website:** [Keep Kids Alive](#)

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## Prevent Teen Pregnancy Day

**May 4, 2016** The purpose of Prevent Teen Pregnancy Day is straightforward; too many teens still think "It can't happen to me." The Prevent Teen Pregnancy Day helps teens understand that it *can* happen to them and that they need to think seriously about what they would do in the moment.

**Websites:**

[National Day to Prevent Teen Pregnancy](#)

[StayTeen.org](#)

[8 Tips for Talking to Your Teen](#)

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## Teacher Appreciation Week

**May 2 – 6, 2016** SADD chapters would not exist if it were not for the dedication and hard work of the chapter advisors, most of whom are teachers. Students, take this week to show your appreciation for all that your chapter advisor has done over the past year/s to make your chapter the success that it is. And please start by telling them how much FLORIDA SADD appreciates everything that they do.

Ways that Florida SADD students can show their appreciation:

- write a "recipe" with the ingredients and directions needed to "create" their perfect teachers. Students can then share their recipes with their teachers.
- make a "bouquet of thanks." Students can cut flowers out of paper and write a word or phrase in the center of each that best describes their teacher. Find a creative way to display the flowers in the classroom or in an area at school where everyone can see them.
- contact this office at [FloridaSADD@gmail.com](mailto:FloridaSADD@gmail.com) for a letter of appreciation to be sent directly to their chapter advisor from the FLORIDA SADD state coordinator on their behalf.
- post a message on the [Florida SADD Facebook](#) page
- tweet a message @FloridaSADD

**Websites:**

• [PTA website](#)

• [Teacher Appreciation Week Activities](#)

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## Children's Mental Health Awareness Day

**May 5, 2016** This year's theme is "Finding Help. Finding Hope." and it explores how communities can improve access to behavioral health services and supports for children, youth, and young adults with mental and substance use disorders and their families.

**Website:** [National Children's Mental Health Awareness Day](#)

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## National Police Week

**May 15 – 21, 2016** To pay tribute to the law enforcement officers who have made the ultimate sacrifice for our country and to voice our appreciation for all those who currently serve on the front lines of the battle against crime, the Congress, by a joint resolution approved October 1, 1962 (75 Stat.676), has authorized and requested President Kennedy to designate May 15 of each year as "Peace Officers Memorial Day," and the week in which it falls as "Police Week" and by Public Law 103-322 (36 U.S.C. 175) has requested that the flag be flown at half-staff on Peace Officers Memorial Day.

Show your appreciation for your local police department by honoring them in any way that you can.

- Have your school's flag flown at half-staff.
- Create a school proclamation and invite your local Police Chief to a school assembly to receive it.
- Create a thank you banner and collect signatures for your SRO.
- Send a letter to your Mayor expressing your appreciation for the service of your local police.

**Websites:**

- [National Police Week](#)
  - [Concerns of Police Survivors](#)
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## Click It or Ticket

**May 16 – June 5, 2016** We all know seat belts save lives, but many teenagers today still do not wear their seat belts, and they are dying as a result. Clicking your seatbelt is the number one thing that you can do right now to save your life and the life of those in the vehicle with you. Start by being a role model. Always buckle up and make sure everyone you ride with or who rides with you buckles up.

What you can do...

- Conduct seat belt checks. For a how-to-guide, email [FloridaSADD@gmail.com](mailto:FloridaSADD@gmail.com)
- Put license plate numbers of all drivers coming into school & who are buckled up in a hat for a drawing to win prizes such as a pizza party or ice cream sundae party.
- In between seat belt checks, put up posters, hand out literature, and read PSAs over the public address system to remind everyone to buckle up.

- Challenge other high schools in your area to see who can reach 100% or the highest participation. Ask a local pizza or ice cream shop to provide an award to the SADD chapter whose school attains the highest percentage.
- Erect a chart in the lobby of your school or out on the front lawn tracking the numbers as they increase. Design the chart in the shape of a seat belt. Indicate the number of seat belt users from the first seat belt check and continue to paint in the progress as you go.
- Consider a "Living Seat Belt Around City Hall" to draw attention to the importance of wearing safety belts. On a designated day, have people join hands to encircle City Hall.
- In front of the building link the circle by "fastening" a large cardboard safety belt buckle. Be sure to invite elected officials and the media participate in this event.
- Obtain permission from your administration to paint/chalk buckle up messages at the entrances and exits of your schools.

### **Middle School Buckle-Up Activity**

When conducting seat belt check, address it to the parents in the pick-up line at your school. Give each driver who is wearing a seat belt a lifesaver with a message saying —Thanks for being a lifesaver. Those drivers who are not wearing a seat belt should receive a dum-dum with a message saying —Please don't be a dum-dum. Always buckle up!

#### **Website:**

- [Click It or Ticket NHSTA](#)
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A graphic for World No Tobacco Day featuring the text "World 'No Tobacco' Day" in a bold, dark red font. The text is centered within a light beige rectangular background. Above and below the text are three small, light-colored dots arranged in a horizontal line.

## **World "No Tobacco" Day**

**May 31, 2016** Every year, tobacco kills 3.5 million people around the world. In other words, about 10,000 people around the world die from tobacco every day. One million of these deaths currently occur in developing countries. Of course, the best thing is to not start smoking at all. But if you have, or you know someone who

smokes, now is a good time to share information on quitting!

#### **Websites:**

- [World Health Organization](#)
  - [Tobacco Free Florida](#)
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